Title in Times 14 pt

Author list in Times 11 pt bold

*Author Institution, Country in Times 11 pt*

Abstract in Times 11pt

Heading level 1 in Times 12 pt bold

First paragraph under a heading use “STADIUM” style that has no indent under the heading, in Times 11pt. References are numbered sequentially in the text inside square brackets [1], [2]

Next paragraph, use “normal” style that has an indent in the first line of the paragraph.

## Heading level 2

Another first paragraph below a heading.

Next paragraph, use “normal” style that has an indent in the first line of the paragraph.

Heading level 3

Equation next line

X = y

**Fig. 1** Figure legend below figure

Next paragraph ……….

Another paragraph ……..

**Table 1** Table legend appears above table

References

1. Denzin NK, Lincoln YS (2003) The landscape of qualitative research: theories and issues, Sage Publications, Sage Oaks

2. Mays N, Pope C (2000) Qualitative research in health care. Br Med J 320: 50-52

lots of references